

HEAVY MEAT EATERS HAVE SLOW KIDNEYS

Eat less meat if you feel Backache or have bladder trouble—Take glass of Salts.

No man or woman who eats meat regularly can make a mistake by flushing the kidneys occasionally, says a well-known authority. Meat forms uric acid which excites the kidneys, they become overworked from the strain, get sluggish and fail to filter the waste and poisons from the blood, then we get sick. Nearly all rheumatism, headaches, liver trouble, nervousness, dizziness, sleeplessness and urinary disorders come from sluggish kidneys.

The moment you feel a dull ache in the kidneys or your back hurts or if the urine is cloudy, offensive, full of sediment, irregular of passage or attended by a sensation of scalding, stop eating meat and get about four ounces of Jad Salts from any pharmacy; take a tablespoonful in a glass of water before breakfast and in a few days your kidneys will get fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate the kidneys, also to neutralize the acids in urine so it no longer causes irritation, thus ending bladder weakness.

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to keep the kidneys clean and active and the blood pure, thereby avoiding serious kidney complications.

ACCESSORY SHOW FOR FORD AUTO OWNERS

Exhibits at Chicago Coliseum Sept. 22 to 29 Includes Everything Used as a part or Accessory to Ford

The Keeler-Coursey Co., Alliance dealers in the Ford automobile, are receiving many requests for information regarding the National Exposition for Ford Accessories, to be held at the Coliseum in Chicago September 22nd to 29th, inclusive.

Indian summer will give to the automobile world another innovation, a National Exposition for Ford Accessories, which will be held in Chicago from September 22nd to 29th inclusive, and appealing to more than a million motorists of this country, since it is estimated that approximately one-half of the 2,500,000 cars now registered in the United States carry the Ford nameplate on their radiators.

The display of Ford accessories will be made in the Chicago Coliseum, scene of the annual automobile shows that are held each winter in the Illinois metropolis, and the promoter are confident that all of the three hundred exhibition spaces in the colossal building will be taken by the manufacturers of fittings designed to add efficiency and comfort to the most utilitarian of all American automobiles.

The Ford accessory show in September, an innovation this year but destined to be a fixed event on the automobile calendar in years to come will be the first national meeting of the Ford clan. Scores of manufacturers, hundreds of jobbers and dealers and thousands of owners, representing every state in the union and the largest cities in Canada, will be in attendance. This is an assured fact. One hundred of the exhibition spaces already have been reserved. Requests for one hundred thousand complimentary tickets have been received to date, and invitations to wholesale and retail distributors, located in such distant cities as California, Washington, Louisiana, Texas, and Florida have been accepted.

In staging a show for the display of accessories exclusively, the promoters of the September exposition have made a place in the sun for the accessory manufacturer. He has been under a cloud heretofore, the motor car maker being given the choice exhibition spaces at the New York and Chicago automobile shows and the accessory manufacturer taking what was left over. The appeal to the jobber and dealer has been equally strong, since the fall show gives them a golden opportunity to look over the accessory field and make selections early enough to catalog them. The manufacturers who will exhibit at the Ford Accessory show includes the following companies:

The Reliance Co., Chicago; Perry Auto Lock Co., Chicago; Mechanical Belt Co., St. Joseph Mo.; Grant Wire Wheel Co., Chicago; Crum-Wiley Co., Peru, Ind.; Bell Automatic Spark Retarder Co., Chicago; Detroit Auto Products Co., Detroit; Malby Auto Specialty Co., Detroit; Sinclair Refining Co., Chicago; Simplex Man. Co., Anderson, Ind.; Graham Bros., Evansville, Ind.; L. B. Halladay Co., Streator, Ill.; Motometer Co., New York; Reflex Ignition Co., Cleveland; Beaverdam Overall Co., Beaverdam, Wis.; Outlook Co., Cleveland; Anthony Co., Long Island City; H. C. Paro Co., Chicago; Easonsky Product Co., Chicago; Allberg Bearing Co., Chicago; H. D. Lamp Co., Cincinnati; Automatic-Safety Valve Co.; Ton-A-Ford Truck Co., Racine Wis.; Bailey Non-Stall Differential Corp., Chicago; Advance Auto Accessories Corp., Chicago; Wire Wheel Corp. of America, Buffalo, H. & D. Co., Goodland, Ind.; The Zinke Co., Chicago; New York Coil Co., New York; Bail Thompson Co., Hartford, Conn.; Continental Piston Ring Co., N. A. Petry Co., Philadelphia; Hansen Mfg. Co., Cleveland Standard Speedometer Co., Boston; Gray Health Co., Chicago; SHRUFF Co., St. Louis; S. C. Johnson Co., Racine, Wis.; Heinzeiman Bros. Co., Belleville, Ill.; Auto Accessories Corp., Baltimore, Md.; Ekeron Bros. Mfg. Co., Flandrian, S. D.

Additional reservations are being made daily by H. V. Buelow, General

Manager of the show who is confident that all the booths will be allotted within the next few weeks, and should the demand for exhibition space continue to be as heavy as it is at present, there is a possibility that buildings adjacent to the Coliseum will be rented to take care of the overflow, as it is the intention to use only ground floor space for accessory display.

The Best Laxative
To keep the bowels regular the best laxative is outdoor exercise. Drink a full glass of water half an hour before breakfast and eat an abundance of fruit and vegetables, also establish a regular habit and be sure that your bowels move once each day. When a medicine is needed take Chamberlain's Tablets. They are pleasant to take and mild and gentle in effect. Obtainable everywhere.—Adv—aug

CHANGES WERE ASKED IN STOCK REGULATIONS

Petition Withdrawn by Railroads before State Railway Commission Asked for Important Changes

In the Herald of last week a news article appeared telling of the petition presented by the Nebraska railroads to the state railway commission in which the railroads asked for change in the present stock freight classifications which would have been harmful to the shipper and of advantage to the carriers. The petition was withdrawn when the representatives of the roads saw the preparations which had been made by the stockmen, commission men and farmers to resist the raises.

For the information of interested readers we give the present classification below and following it the classification which was proposed by the railroads:

Present Classification
Live stock subject to regulations and rules of individual carriers as to attendants in charge:

Ratings given below are based upon values declared by shippers, not exceeding the following, under contract:

Each Horse or Pony (gelding, mare or stallion), Mule, Jack or Jenny	\$150.00
Each Colt (under 1 yr.)	75.00
Each Ox, Bull or Steer	75.00
Each Cow	50.00
Each Calf	20.00
Each Hog	15.00
Each Sheep or Goat	5.00

For each 50 per cent, or fraction thereof, of actual value over and above that named in above table an additional 2 per cent will be made to the rate per 100 lbs. or car.

Live Stock subject to regulations and rules of individual carriers as to attendants in charge see note:

NOTE: It should be understood, in receiving Live Stock of any description for transportation, that the actual delivery does not commence until the stock has been placed in the car, and the responsibility of the Railroad Co., shall cease upon the delivery of car at station to which consigned the consignor; and consignee to load and unload the same. Live Stock transported in Special or Palace Live Stock cars will be charged as follows: In cars not exceeding 30 ft. in length inside measurements, 120 per cent of Tariff rate. For each additional foot or fraction thereof in excess of 30 ft. in length inside measurement, an additional charge of 3 per cent per foot or fraction thereof will be made. For example: Live Stock in a Palace Car 36 ft. in length inside measurement will be charged 138 per cent of Tariff rate. Live Stock in a Palace Car 40 ft. in length inside measurement will be charged 150 per cent of the Tariff rate. Live Stock in a Palace Car 50 feet in length inside measurement will be charged 180 per cent of the Tariff rate.

Proposed Classification

Ratings on Live Stock vary according to the valuations stated by shipper, and as carriers have no means of determining values of Live Stock when tendered for transportation, shippers will be required to declare in writing the valuation at time and place of shipment. Where shippers refuse to declare value and execute Live Stock contract, live Stock will not be accepted for transportation.

Minimum ratings given below are based upon values declared by shippers, not exceeding the following under contract:

Each Horse or Pony (gelding mare or stallion), Mule Jack or Jenny	\$150.00	
Each Colt, under 1 yr.	75.00	
Each Ox, Bull or Steer	75.00	
Each Cow or Burro	50.00	
Each Calf	20.00	
Each Hog	15.00	
Each Sheep or Goat	5.00	
Stallions or Jacks, 3,000 lbs. each	3.00	
Additional	3,000 lbs. each	
Horses, Mares, Mules, Jennies, Ponies or Domestic Animals, except bulls not otherwise indexed by name.	2,000 lbs. each	
Second	1,500 lbs. each	
Third	1,500 lbs. each	
Additional	1,000 lbs. each	
Bulls	2,000 lbs. each	
Additional	2,000 lbs. each	
Mare and Colt (6 months)	2,500 lbs. both	
Additional	2,500 lbs. both	
Cow and Calf (6 months)	2,500 lbs. both	
Additional	2,500 lbs. both	
Yearling Cattle	1,000 lbs. each	
Burros	750 lbs. each	
Colts, one year and under	750 lbs. each	
Additional	750 lbs. each	
Calves, less than one year	500 lbs. each	
Hogs	250 lbs. each	
Sheep and Goats	200 lbs. each	
Live Stock, in carloads, value as shown above, see Tariffs of individual carriers.		
Live Stock exceeding values shown above: Where the valuation declared by shippers exceeds the values shown above an addition of two (2) per cent will be made to the rate per 100 lbs., or car, for each 50 per cent		

or fraction thereof, of additional declared value per head. Animals exceeding in value \$800 per head, subject to regulations and rates in Tariffs of the individual carriers. (In compliance with order of the I. C. C. in case No. 6825, of June 29, 1916, 40 I. C. C. 347.)

The carriers have in the past required the shippers of live stock to place a valuation on live stock when shipping the same. If the valuation was placed above a certain limit the freight charge was made higher. A decision of the Interstate Commerce Commission corrects this injustice and is explained below:

Valuations in Live-Stock Contracts
The second Cummins amendment, which became a law August 11, 1916 provided specifically that any limitation of value cannot be imposed on ordinary live stock, and that the carriers are liable for full actual loss, damage, or injury.

In an express rate, decided April 2, 1917, the Interstate Commerce Commission, in interpreting the Cummins amendment, said as regards live stock:

"The act, as amended, fixes upon the carrier liability for the full actual loss, damage or injury caused by it to ordinary live stock, and invalidates and limitation or attempted limitation of that liability, wherever or in whatever form it is found. Ord-

inary live stock is expected from the property as to which we are empowered to authorize or require the establishment of rates dependent upon declared or released value.

"The shipper or lawful holder of the receipt or bill-of-lading for ordinary live stock should be free to press his claim for recovery in full for loss, damage, or injury caused by the carrier, and rates for the transportation of such live stock may not be stated in a manner to require a representation of the value. This is not saying that value may not be considered and duly weighed as an element in determining what reasonable rates shall be established."

It is not necessary to declare either actual value or any value on shipments of ordinary live stock. This is definitely settled.

Bad Cough? Feverish? Grippy?

You need Dr. King's New Discovery to stop that cold, the soothing balsam ingredients heal the irritated membranes, soothe the sore throat, the antiseptic qualities kill the germs and your cold is quickly relieved. Dr. King's New Discovery has for 48 years been the standard remedy for coughs and colds in thousands of homes. Get a bottle today and have

it handy in your medicine chest for coughs, colds, croup, grippe and all bronchial affections. At your druggist, 50c. Adv—2

ALLIANCE BOY NOW IN HAWAIIAN ISLANDS

Enlisted in United States Army Last May With Another Boy from Angora

Muri C. Nichols, an Alliance boy who enlisted in the United States army last May, is now a member of Company H, Second Infantry, United States Army, stationed at Fort Shafter, Hawaiian Territory. With him when he enlisted was Russel R. Stoner of Angora, who is now at Fort Kamehameha, H. T.

In his letter to The Herald Nichols says: "The climate is fine here in the Hawaiian Islands but I like the good, old U. S. A. for mine." With his letter he enclosed a copy of the menu served to the soldier boys at Fort Shafter on July 4. The meals were prepared by the School for Bakers and Cooks. There is no danger of our soldier boys going hungry if they are always fed like

the menu reads, which was as follows:

Menu for Breakfast
(Quarantine Camp, July 4, 1917, Fort Shafter, H. T.)
Iced Papia, Fried Country Pork Sausage, Fried Potatoes, Oatmeal Gruel, Milk, Coffee, Butter.

Menu for Dinner
Chicken Soup, Roast Chicken with Bread Dressing, Giblet Gravy, Mashed Potatoes, Stewed Corn, Lettuce Salad, Sliced Tomatoes, Bread and Butter, Ice Cream, Cake.

Menu for Supper
Cold Sliced Ham, Potato Salad, Lettuce, Apple Sauce, Tomatoes, Jelly Roll, Butter, Bread, Lemonade.

Private Nichols would like to hear from his friends who read The Herald. His address is: Muri C. Nichols, Company H, Second Infantry, Fort Shafter, H. T.

Clear Your Skin in Spring

Spring house cleaning means cleaning inside and outside. Dull pimply skin is an aftermath of winter inactivity. Flush your intestines with a mild laxative and clean out the accumulated wastes, easy to take, they do not gripe. Dr. King's New Life Pills will clear your complexion and brighten your eye. Try Dr. King's New Life Pills tonight and throw off the sluggish winter shell. At druggists, 25c. Adv—2

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